

What could I do?

Think of some things you are struggling with

- ▶ Choose two or three issues you'd like to start with.
- ▶ What can you do to make things better?

1. One problem I struggle with is

What could I do about this:

When can I start doing this?

2: What else do I want to work on?

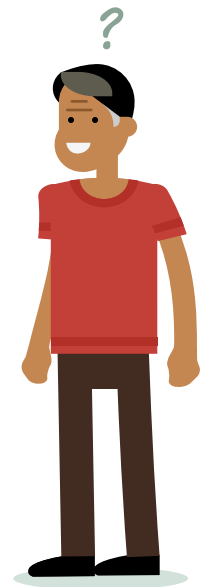
What could I do about this:

When can I start doing this?

3: What else do I want to work on?

What could I do about this:

When can I start doing this?



Show this
to your
healthcare
team!



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