



TANE TAKITU AKE

He waka eke noa

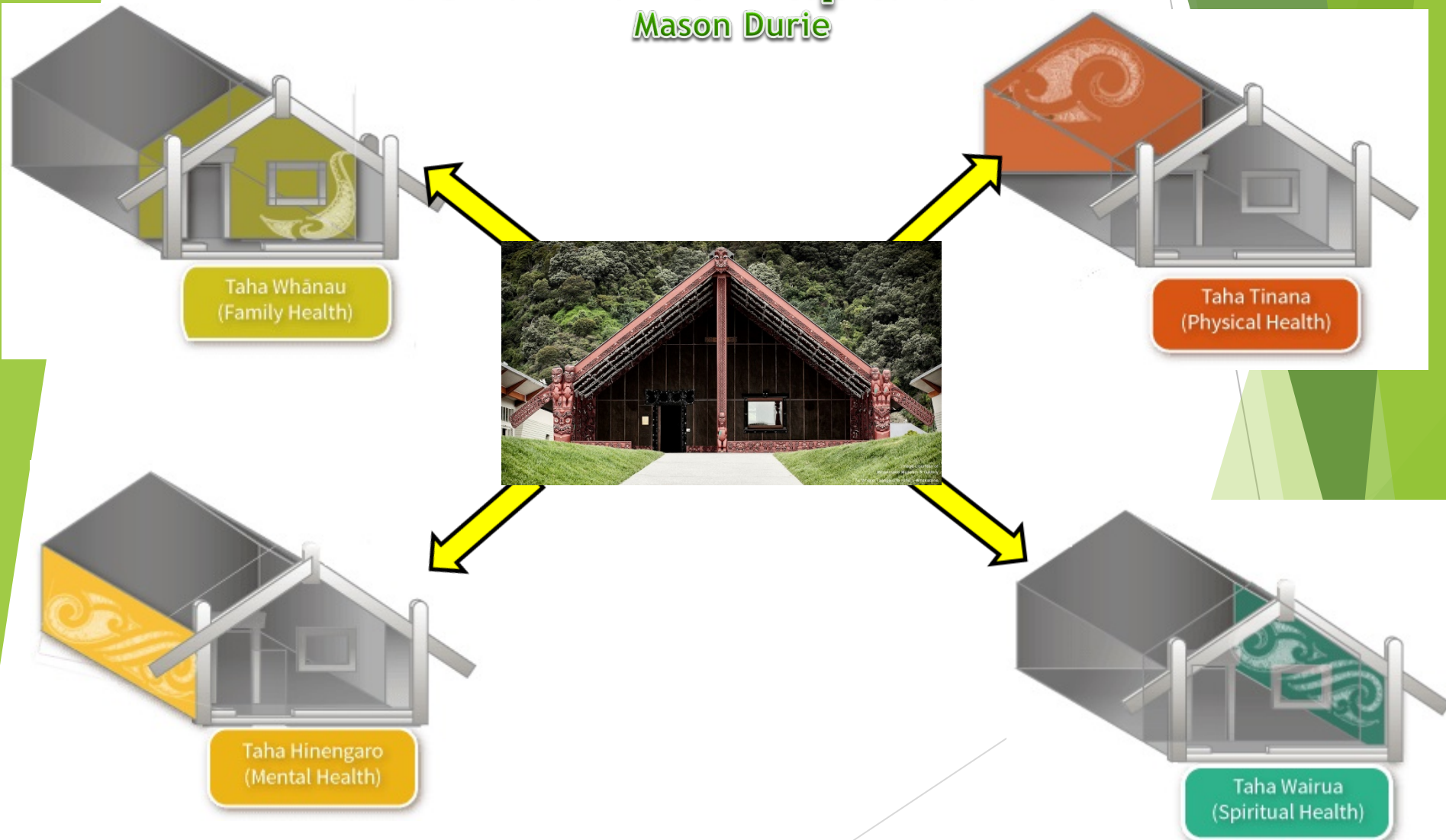
Beginnings



Frame Work

Te Whare Tapa Wha

Mason Durie



Pātuwatawata



Who is this for?

- Focused/Designed for Maori men with high health issues and social needs
- 10 week programme
- Maori men aged 25-55(flexible)
- Referrals (Source, process)
- Internal/ External (GP Clinics, Hospital)
- Probations
- WINZ







Cultural Components

- ▶ Powhiri/Potaetanga
- ▶ Pepeha/ Ko Wai Au
- ▶ Te Whare Tapa wha
- ▶ Noho marae
- ▶ Waka Tete
- ▶ Haka
- ▶ Atuatanga (Whakapapa, Examples)
- ▶ Karakia (Before and after programmes)
- ▶ Native kai/Rongoa Maori
- ▶ Mau Rakau
- ▶ Tikanga/ Kawa (Te Arawatanga)

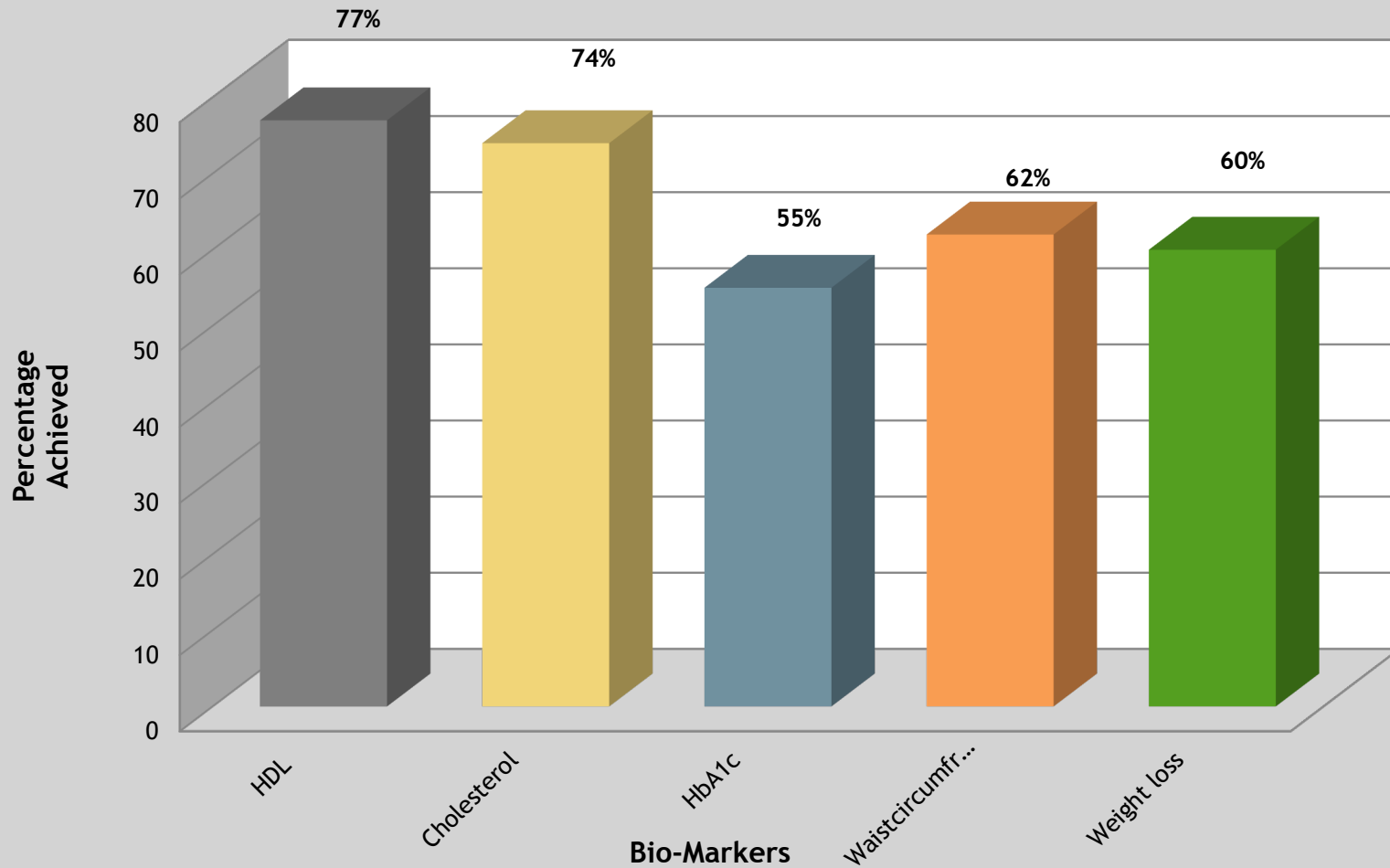




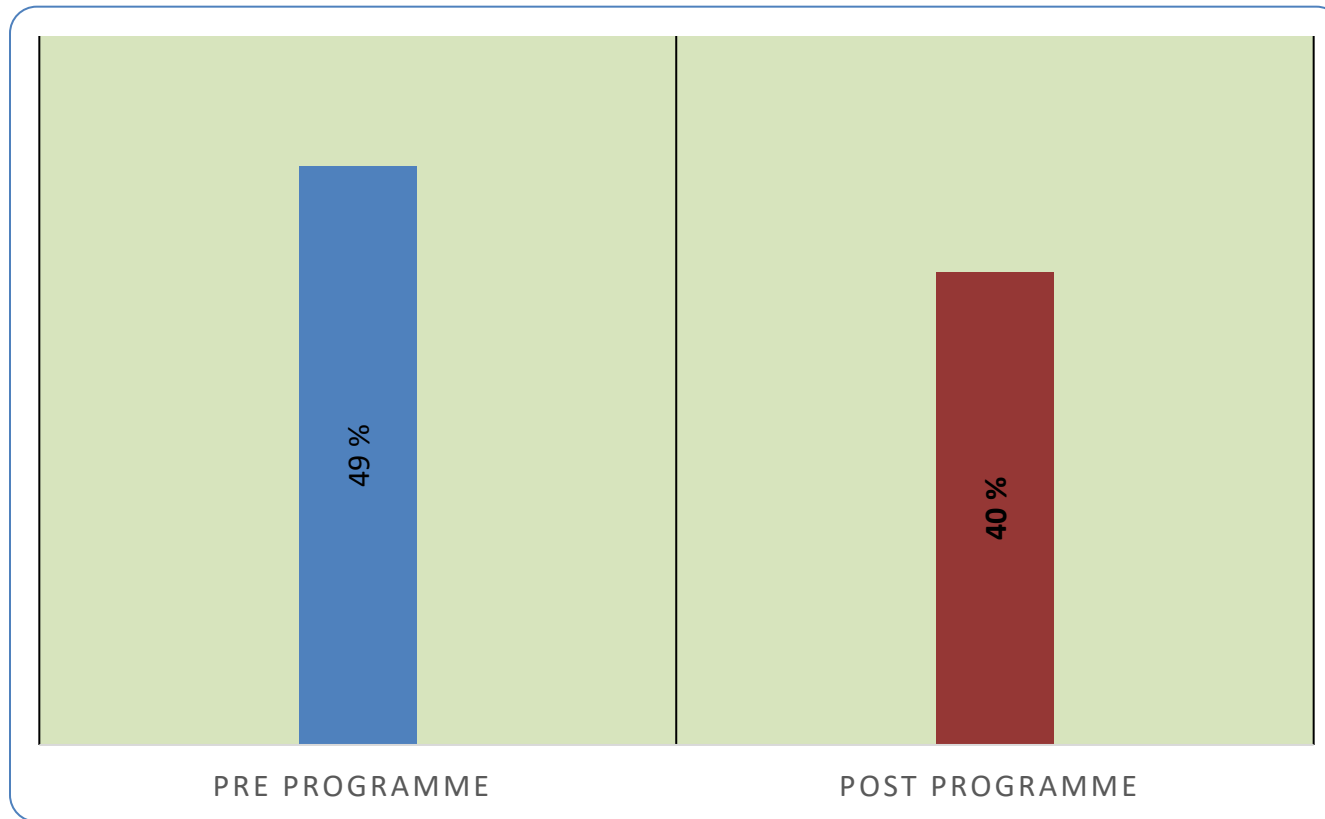


Bio-Markers

Improvement in
Bio-Markers over 10 weeks

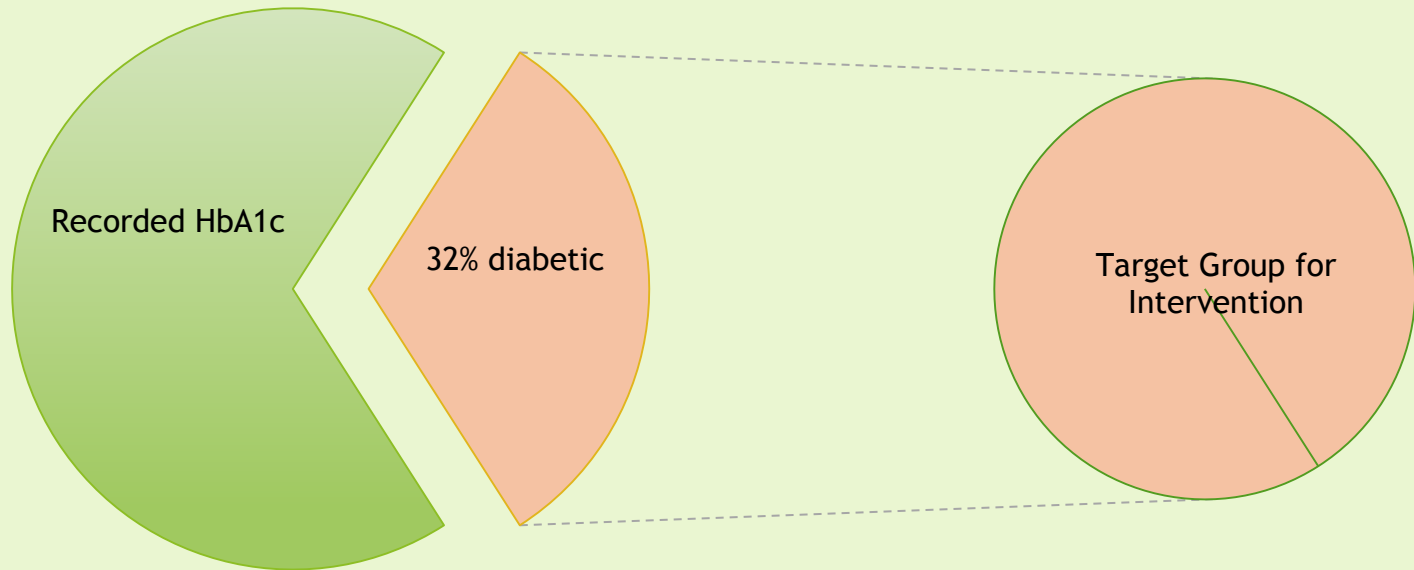


Average HbA1c reduction on TTA programme



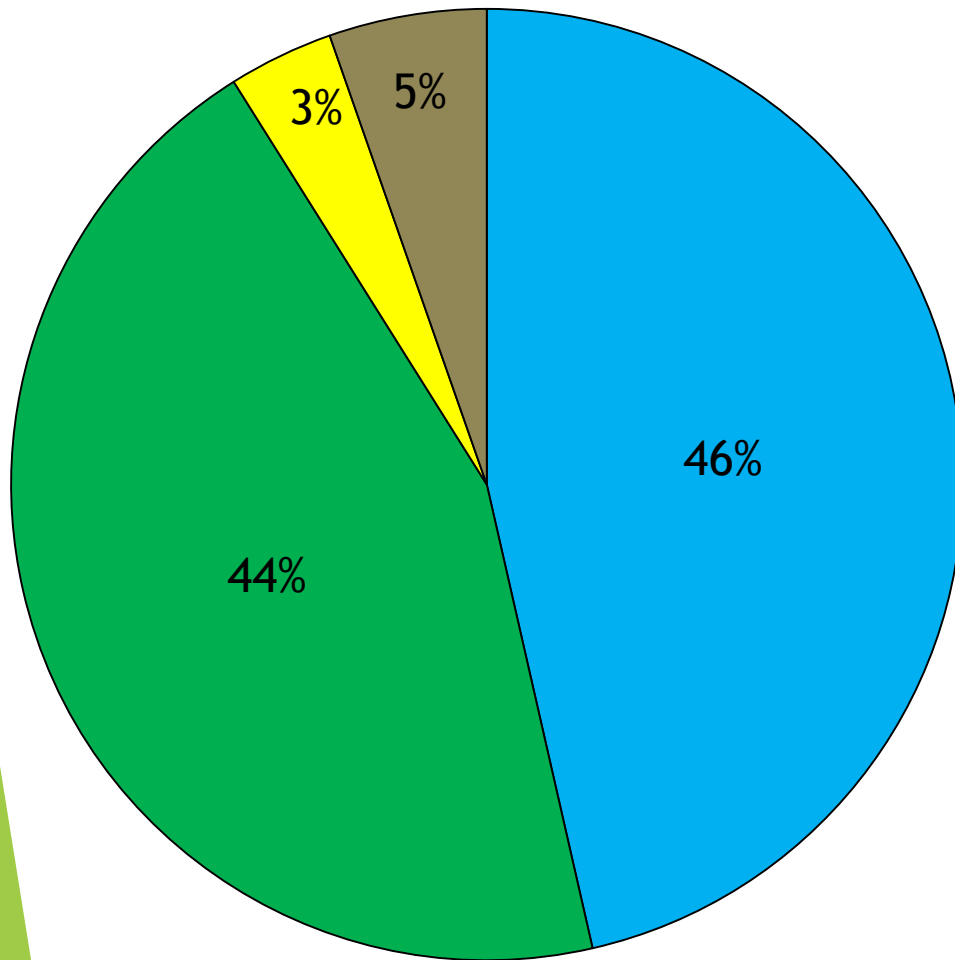
HbA1c pre/post

32% Tane targeted for HbA1c intervention



■ Total Recorded ■ Improved HbA1c

Self Evaluations



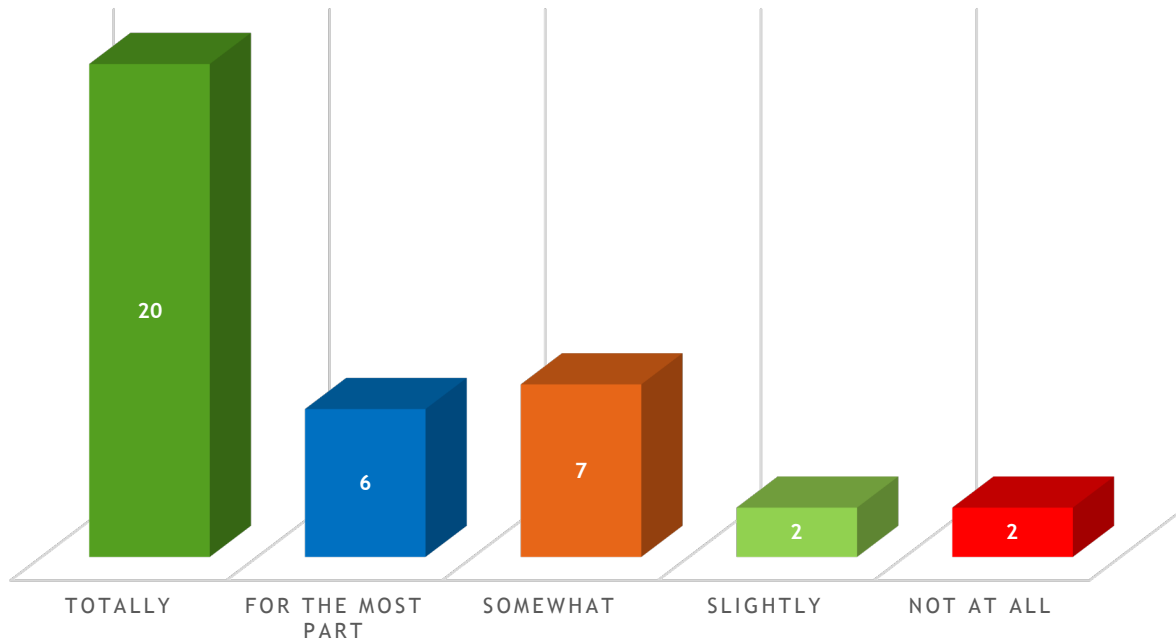
- My understanding of managing my health has improved, very much so
- My skill level in managing my health has improved, Very much so
- My understanding of managing my health has improved, for the most part
- My skill level in managing my health has improved, For the most part

107 Tane = Increased Health Literacy.

107 Whanau = Increased Health Literacy

Post programme motivation

HOW MOTIVATED HAVE YOU BEEN TO FIND
WORK SINCE LEAVING THE PROGRAM

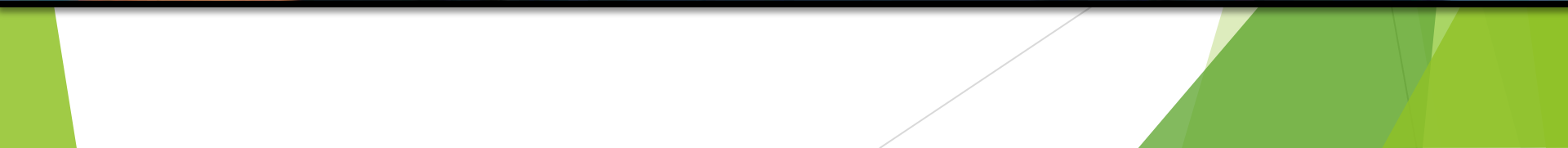


Cultural vs Clinical





Anaru Bidois
(Tane Takitu Ake Graduate)



Graduation



QUESTIONS AND ANSWERS

