

A pair of hands, one light-skinned and one dark-skinned, are shown holding a white paper cutout of a group of people holding hands in a circle. The cutout is positioned in the center of the hands, and the background is a soft, out-of-focus light blue.

# Te Akatea Transitional Care Team

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Travelling the journey  
with our patients and  
whānau

# PHASE ONE THE TRANSITIONAL CARE NURSING SERVICE

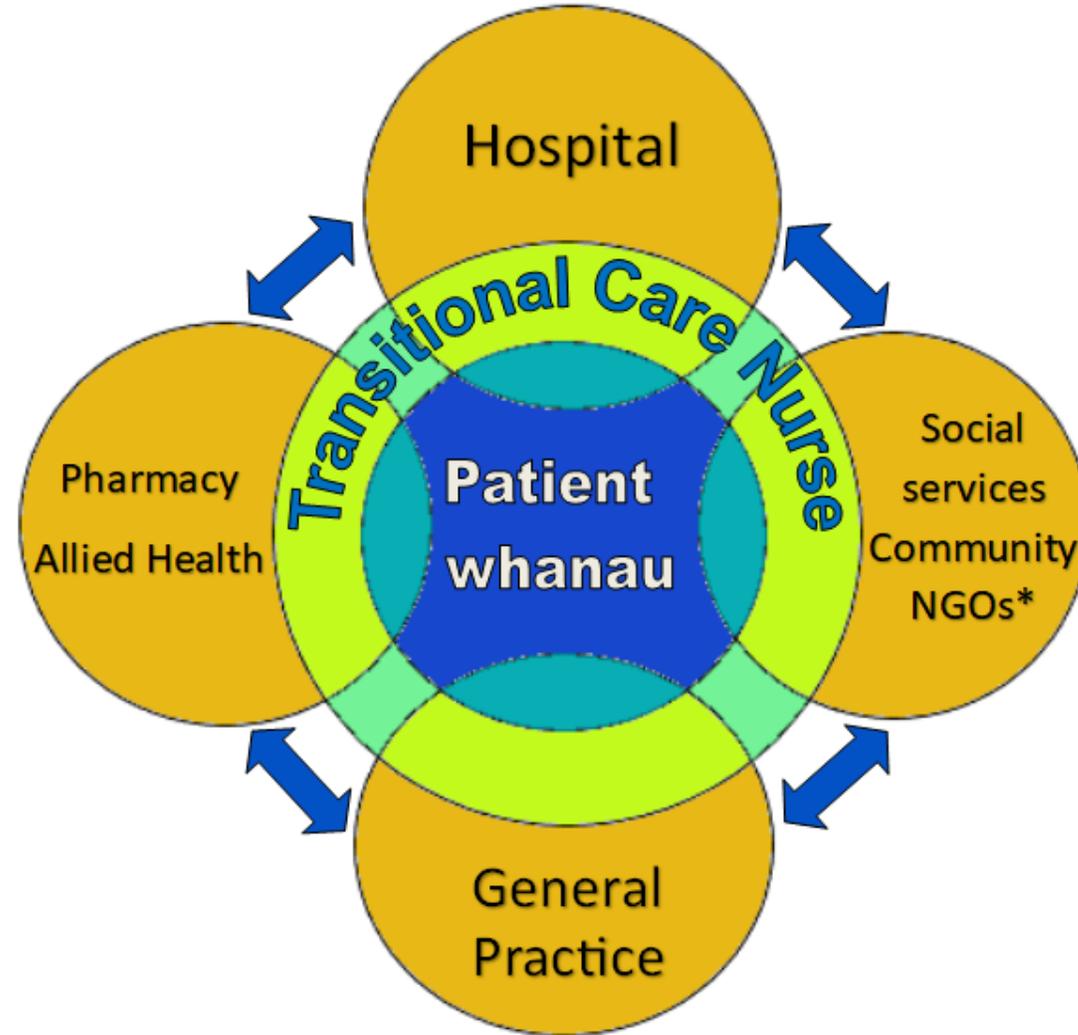
Influenced by:

Wagner's Chronic Care  
Model

The New Zealand Triple Aim

Kaiser Permanente Triangle  
of Risk

Graphic credits: N Macklin, H Pert, T Dowell



\* Non-government organisations

# TRANSITIONAL CARE NURSING SERVICE AIMS AND OBJECTIVES



Greater support for patients to self-manage their health journey



Enhanced safety and quality of patient health services



Improved service efficiencies



Promoting equity in access to health services

PHASE ONE  
QUANTITATIVE  
EVALUATION  
RESULTS  
(2016-2018)

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8% reduction in acute hospitalisation rates

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197 patient contacts per month on average

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Māori, elderly, and socioeconomic deprivation quintiles 4 and 5 were represented at a higher rate in the service population

# PHASE ONE QUALITATIVE EVALUATION RESULTS

Macklin, N. (2018). Hearing the patient voice: The importance of caring in care (Thesis, Master of Primary Health Care). University of Otago.

Being sick and receiving treatment makes us **vulnerable**, regardless of age or social support.

**Kindness, compassion, communication, and accessibility** of those delivering our treatment makes a significant difference to our experience, recovery and wellbeing.

We judge our experience of the care episode not on the facts of the care, but on the level of **caring** that we perceive is being extended to us.

# PHASE ONE IN SUMMARY...



Improved patient experience of overall care



Increased health literacy and confidence to self-manage their conditions



Appropriate medications usage and regime adherence



Improved family and whānau experience and support



Enhanced sense of control and engagement



Supported wellbeing - feeling cared for, listened to and respected

# PHASE TWO

## TE AKATEA TRANSITIONAL CARE TEAM

Operating since 2018

### Differences:

- Introduction of Pou Awhina role to the team, as well as consulting clinical pharmacists.
- Testing the scaling up of model and narrowing the focus by reducing the access point.
- Collaborating with the PHO's (RAPHS) Extended Care Team to provide expanded services to four general practices currently, with another two in development.



Graphic credits: N Macklin, H Pert, T Dowell

# PHASE TWO TE AKATEA TRANSITIONAL CARE TEAM

- The service aligns with Lakes DHB strategic directions and has an emphasis on decreasing inequity, addressing acute demand, as well as supporting integrated care.
- The introduction of the Pou Awhina role in Phase Two acknowledges the significant interplay between clinical, physical, social, cultural and whānau influences on health and wellbeing. The role brings a deeper layer to the patient-centred and whānau-centred goals of the service.