

## Health Navigator app selection process

### App Categories

Apps are added in clusters pertaining to a specific clinical area. The category is usually based on:

- In-house requests (from Editorial team)
- External requests (eg asthma nurse specialist)
- Tie in with the HN content update process
- Review of other independent app review websites



### Specific apps

Once a clinical area has been identified, a search is undertaken to ascertain which apps to include.

- Literature search to identify mobile apps in that clinical area (Pubmed)
- Other independent app review websites – iMedicalApps, my health apps, Practical apps, Health Living Apps Guide, Ranked
- Google searches for app reviews such as:
  - 10 Best Mobile Apps for Migraine Sufferers
  - Mobile apps and asthma management (American Lung Association)



### App selection criteria

- Best apps identified from above
- Description and images indicate potential usefulness
- NZ and non-NZ based apps
- English language option
- Widely available – not restricted access
- Phase 1 (free apps) but phase 2 include paid apps
- Apps recommended by NZ health practitioners



### Formal in-house review process

- Internal review (create Overview page)
- Clinical review
- Tech review
- User review



### Excluded apps

- Internal review - apps that do not appear credible (clinical concerns, language issues)
- Incomplete content
- Functionality issues (eg shutting down)
- Clinical concerns
- Data privacy issues