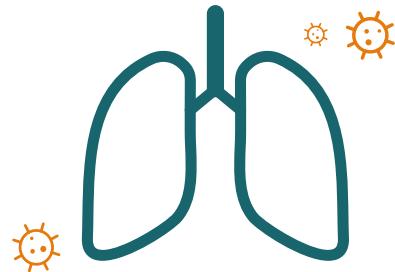


Vairakau no te KOVITI-19



Ko te vairakau KOVITI-19 e vairakau no te rapakau i te manumanu maki KOVITI-19. Ka tauturu teia iakoe kia kore e kino toou maki me kore kia kore e topa ki roto i te Are Maki.

Ko teia tetai o te au vairakau KOVITI-19 I Nuti Reni nei:

- Ua Paxlovid (nirmatrelvir with ritonavir)
- Uero Lageviro (molnupiravir)

Kare teia au vairakau e tutaki ki tetai au tangata. Ka anoano ia koe kia kai I teia vairakau e 5 ra mei te akamata‘anga toou maki.



Ka riro teia vairakau i te rapakau i te au tangata kino te maki KOVITI-19

Ka rauka toou vairakau me:

1. Kua tu‘ia koe e te maki KOVITI-19, me kore te noo nei koe ki roto i tetai ngutuare kua KOVITI-19 ia tetai tangata

2. Kua maki ia koe no tetai 5 ra

3. Ko koe tetai i roto i teia pupu tangata. Ko teia au tangata:

- e Maori me kore tangata Pasifika mei te 50 mataiti e ara atu
- e 65 mataiti e ara atu
- mei te 50 mataiti e ara atu e kare i patia‘ia mei tetai 2 patia‘anga o te patia paruru KOVITI-19
- paruparu te turanga paruru o te kopapa
- kua tu‘ia e te maki Down syndrome
- kua tu‘ia e te sickle cell anaemia
- kua apaina‘ia ki roto i te Are Maki (ICU critical me kore high independency) no te maki KOVITI-19
- e 3 me kore ara atu au tu maki kopapa.

Tuatua atu ki toou taote, neti me kore tangata maani vairakau, me e au maki metua toou, e mea kua tau rai koe no teia.

Akapeea koe e rauka mai ei toou vairakau

E rua taka'inga e rauka mai ei toou vairakau.

1. Ui atu ki toou taote me kore neti no tetai peapa vairakau.
 2. Ui atu ki toou tangata maani vairakau. Ka rauka i te tangata maani vairakau i te oronga atu i toou vairakau me kare oou peapa vairakau mei ko mai i te taote I muri ake I tetai akarakara'anga ma te uiui'anga na runga I te tereponi.
- Atoro atu i te [healthpoint.co.nz](https://www.healthpoint.co.nz) no te ngai vaitata e vairakau KOVITI-19 tetai.

Kia vai ua taau rapid antigen test (RAT)

Me e au maki ke atu toou, e kua kite koe ka kino toou maki me tu'ia koe e te KOVITI-19, akapapa i tetai RAT kits ki toou ngutuare kia mama ua iakoe i te test me kua KOVITI-19 ia rai koe.

Patia'ia koe ki te au patia paruru o te maki KOVITI-19

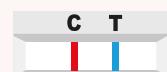
Ka tauturu te patia paruru iakoe kia kore e kino toou KOVITI-19 me tu'ia koe. Kare te vairakau KOVITI-19 i te tupa'u no te patia paruru KOVITI-19. E mea tau kia tiaki koe e 3 marama i muri ake i toou KOVITI-19 anga, patia ei iakoe. Tuatua atu ki toou taote, neti me kore tangata maani vairakau no te tuatau tau no te patia atu iakoe.

- (i) No tetai au akamarama'anga oonu no runga i te vairakau maki KOVITI-19, atoro atu i te hn.org.nz/covid-antivirals



Akamarama'anga

Me tu'ia koe e te KOVITI-19 ka anoano'ia koe kia noo takake. Pati ki toou ai taeake kia tiki i toou vairakau, me kore ka rauka i te ngai amani vairakau i te kave atu i toou vairakau ma te kore e tutaki.



Me tu'ia koe e te KOVITI-19

- E kua kite koe e ka rauka mai toou vairakau KOVITI-19, taniuniu atu i toou taote, neti me kore tangata maani vairakau.
 - Akara ki te Healthpoint no te ngai vaitata i te tiki I toou vairakau KOVITI-19 me kore ui atu ki toou tangata maani vairakau.
- [healthpoint.co.nz](https://www.healthpoint.co.nz)



Me kare koe i tu'ia e te KOVITI-19

- E kua manako koe e ka rauka toou vairakau KOVITI-19, e mea puapinga kia retest koe iakoe i te au ra katoatoa kia meitaki tikai koe no tetai 24 ora.
- Me kino atu toou maki taniuniu atu i toou taote, neti me kore tangata maani vairakau no tetai tauturu. Ka rauka katoa iakoe i te taniuniu atu i te Healthline **0800 611 116**.