



Health Navigator New Zealand Website: COVID-19 mental wellness support

A series of resources for people in Tāmaki Makaurau during the COVID pandemic and beyond.

Video animation transcript: COVID-19: Housing support and information

[Introduction]

Audio	Visual
[Background music plays throughout the video]	
[Narrator] COVID might have really messed up your accommodation at a time when it's already difficult to find a house.	<p>On a white background, a title is displayed: COVID-19: Housing support and information</p> <p>The title fades and we see a young mum (Leah) pushing a pram past a home that's for rent. The sign in front of the home says "For Rent, \$1000 p/w".</p>
<p>[Narrator] Maybe you've lost your job or been unable to work.</p> <p>[Anahera] With the kids off school and being sick I haven't been able to do as many shifts. But the bills keep coming and the rent has to be paid.</p>	<p>A woman (Anahera) sits at a kitchen table with her partner (Henare), who is working on a laptop. Their kids are playing in the lounge.</p> <p>Anahera is holding a bill in her hand, and there's a pile of other bills on the table in front of her.</p>

[Ways to get support]

Audio	Visual
<p>[Narrator] If you're struggling to pay your rent, you can apply for support with accommodation costs or access low-cost housing.</p>	<p>On a teal patterned background, appears white text appears:</p> <p>HOUSING SUPPORT</p> <p>There's a small icon/drawing of a house below the heading.</p> <p>Below the house, there's more text: workandincome.govt.nz/housing pasefikaproud.co.nz</p>
<p>[Narrator] If you have nowhere to stay for the next week, you can apply for emergency housing with Work and Income.</p>	<p>A sleeping bag, backpack, pillow, teddy bear and other personal items are piled on a sidewalk. It's raining.</p> <p>On a teal patterned background, appears white text appears:</p> <p>EMERGENCY HOUSING</p> <p>There's a small icon/drawing of a house below the heading.</p> <p>Below the house, there's more text: workandincome.govt.nz/housing or phone 0508 754 163</p>
<p>[Narrator] For homelessness support in Auckland, contact Housing First.</p>	<p>The heading text changes, to:</p> <p>AUCKLAND EMERGENCY HOUSING</p> <p>There's a small icon/drawing of a house below the heading.</p> <p>Below the house, there's more text: Housingfirst.co.nz/help</p>

Audio	Visual
<p>[Henare] Work and Income really helped with some of our costs like: Getting kai. Paying the rent. Power and water. We even got the car fixed.</p>	<p>Henare sits on a kitchen stool, with his phone in his hand. Anahera is cooking in the background.</p> <p>Their son and daughter stand in the garden, each holding an apple.</p> <p>Henare sits at the table, using a calculator.</p> <p>On a teal background, we see a light switch . A hand flicks the switch to “off” .</p> <p>Henare stands in the garage, with the family car.</p>
<p>[Narrator] Another way to get help is by calling the COVID-19 Welfare line.</p>	<p>On a blue background, a red telephone appears to the left.</p> <p>To the right, white text appears: COVID-19 Welfare line 0800 512 337</p>
<p>[Narrator] There’s a COVID-19 support scheme for employers, business owners and the self-employed too.</p> <p>It helps with financial support for employees who have to self-isolate or can’t work from home.</p>	<p>A man in a hard hat and high vis vest (Steve) stands in a warehouse. He’s writing something on a clipboard.</p> <p>The screen splits. To the left we see a woman (Jenny), using her phone while sitting in her kitchen at home. She’s phoning her manager (the man in the hard hat and vest, Steve). He appears to the right. He’s sitting down at a desk, chatting with her on the phone.</p>

[Helplines]

Audio	Visual
<p>[Narrator] Remember – If you're not coping, help and support is available.</p>	<p>A blue screen with a whiteboard appears. The board is titled Helplines.</p> <p>The helplines are listed below the heading:</p> <ul style="list-style-type: none">• Healthline 0800 611 116• Call or text 1737
<p>[Background music]</p>	<p>Credits are shown:</p> <ul style="list-style-type: none">• Health Navigator New Zealand logo• Hn.org.nz• Te Whatu Ora Health New Zealand logo• Benchmedia logo