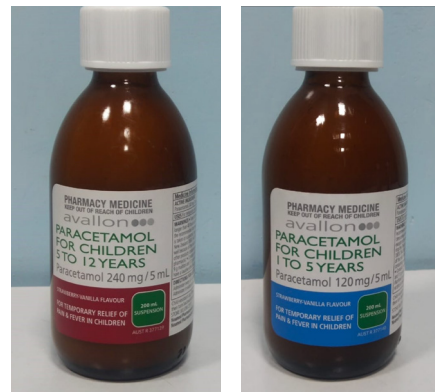


# Turanga taii: Vairakau paracetamol

(*Akatangi'anga 'pa-ra-Sī-ta-mol'*)



E taangaanga ia ana te vairakau paracetamol no te mamae kopapa i runga tikai i te tamariki. Mei te ra 1 mai o Tepetema 2022, ka taii te tuku'anga mai i te vairakau paracetamol koia te Paracare (ko te vairakau teia kare e tutaki) ki vao. No teia taii oki ki runga i te Paracare, ka mono'ia mai te reira e te paracetamol Avallon.

## Eaa te tuke i te paracetamol Avallon?

**120mg i roto i te 5mL (kare e pakari roa ana)**

Tuke rai te kara e te tongi'anga. Kairo teatea te kara ma te tongi'anga kairo strawberry/vanira.

**240mg i roto i te 5mL (pakari atu)**

- E tuke rai te pakari o te Paracare 240 mg i roto i te 5mL me akaite ia atu ki te Paracare Double Strength 250mg i roto i te 5mL. Penei ka tau i koe i te maata taau ka ainu atu ki taau tama. Akara atu i te kapi i muri mai no te vaito o te vairakau.
- Tuke katoa rai te kara e te tongi'anga. Kairo teatea te kara ma te tongi'anga kairo strawberry/vanira.



Ko te kara e te tongi'anga o nga vairakau Avallon, aiteite rai. Tatau ua rai i te au akamaramarama'anga i runga i te aao, kia tano taau vaito ka angai atu ki taau tama. **Auraka e irinaki ua ki runga i te kara, te aunga e te tongi'anga.**

Uiui atu ki toou taote, Neti me kore Pharmacist me kare i papu ia koe te vaito taau ka angai atu.



## Apinga Puapinga

Te vai nei tetai au apinga i runga i te vairakau mei te tongi'anga, kara me kore tuka, penei e ka manga tuke. Me e uianga taau no runga i teia, komakoma atu ki toou Taote, Neti me kore Pharmacist.



## Ko te Avallon 240mg i roto i te 5mL, kare i akatika'ia e te Medsafe

Noatu oki e kua akatika'ia te Avallon 240mg i roto i te 5mL kia taangaanga ia atu i Otireria, kare rai teia i na roto ake i te akanoonoo'anga a te Medsafe, kia taangaanga'ia ki Aotearoa nei. Inara kare e mei te mea e kare teia e meitaki no te taangaanga atu.

**Eaa te maata i taku paracetamol ka angai ki taku tama?**

- Tei runga te vaito i te teiaa o taau tama.
- Paunu atu i taau tama E OTI, akara akaou atu i taau paracetamol i rave mai.
- Akara atu ki runga i te akapapa'anga i tuku ia atu, no te vaito o te vairakau taau ka angai atu.

**I mua ake ka angai atu ei koe i te paracetamol ki taau tama:**

- Akara atu e me ka anoano rai taau tama i te reira.
- Tiaki kia rava te 4 ora mei tetai kai'anga ki tetai.
- AURAKA e angai atu kia maata atu i te 4 angai'anga i roto i te 24 ora.
- Akara meitaki e kare te vairakau i ta'ito.



**Auraka e angai kia maata atu te kai'anga i te vairakau, ki tei akataka'ia. Me maata roa ta taau tama ka kai i te aere'anga okotai me kore i roto i te ra okotai, ka kanga katoa te reira i to ratou ate.**

**Akapapa'anga no te vaito o te paracetamol**

Paunu o te tama	120 mg i roto i te 5 mL	250 mg i roto i te 5 mL	240 mg i roto i te 5 mL (vaito ou)
Raro ake i te 5 kg	Ui atu ki toou Taote me kore Pharmacist	Ui atu ki toou Taote me kore Pharmacist	Ui atu ki toou Taote me kore Pharmacist
5 kg	3 mL	1.5 mL	1.5 mL
6 ki te 7 kg	3.5 mL	1.5 mL	1.5 mL
8 ki te 9 kg	5 mL	2 mL	2.5 mL
10 ki te 12 kg	6 mL	3 mL	3 mL
13 ki te 14 kg	8 mL	4 mL	4 mL
15 ki te 16 kg	9.5 mL	4.5 mL	4.5 mL
17 ki te 18 kg	10.5 mL	5 mL	5 mL
19 ki te 20 kg	12 mL	5.5 mL	6 mL
21 ki te 22 kg	13 mL	6.5 mL	6.5 mL
23 ki te 25 kg	14.5 mL	7 mL	7 mL
26 ki te 28 kg	16.5 mL	8 mL	8 mL
29 ki te 32 kg	18 mL	8.5 mL	9 mL
33 ki te 36 kg	20.5 mL	10 mL	10 mL
37 ki te 41 kg	23 mL	11 mL	11.5 mL
42 ki te 60 kg	26 mL	12.5 mL	13 mL
Runga ake i te 60 kg	30 ki te 40 mL	15 ki te 20 mL	15 ki te 20 mL

**i** Me ka inangaro koe i te kite oonu atu ki roto i te vairakau paracetamol, atoro atu i te kupe roro uira [pharmac.govt.nz/paracetamol-liquid](https://pharmac.govt.nz/paracetamol-liquid)

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