Supply issue: Paracetamol liquid





(Say 'pa-ra-SEE-ta-mol')

Paracetamol liquid is commonly used for fever and pain relief, mainly in children. From 1 September 2022, supply of the funded brand of liquid paracetamol (Paracare) will begin to be disrupted. To ensure ongoing supply, Paracare will be replaced by a new brand called Avallon paracetamol.

How is Avallon paracetamol different?

120 mg in 5 mL (lower strength)

The colour and taste are different. Avallon is off-white in colour and has a strawberry/vanilla flavour.

240 mg in 5 mL (higher strength)

- The dose of 240 mg in 5 mL is different from Paracare Double Strength, which has 250 mg in 5 mL. This may mean the amount of medicine you give your child may change. See the dose table on the next page.
- This strength is also off-white in colour and has a strawberry/vanilla flavour.

Both strengths of Avallon paracetamol are the same colour and flavour. Always read the label and give your child the right dose. Do NOT rely on the colour, smell, or flavour.

Ask your GP, nurse or pharmacist if you aren't sure what dose to give.



Note

The inactive ingredients such as flavourings, colourings and sugar may be different. If you have questions about these, talk to your GP, nurse or pharmacist.



Avallon 240 mg in 5 mL is not Medsafe approved

Although it is approved in Australia, Avallon 240 mg in 5 mL hasn't been through New Zealand's Medsafe approval process. This doesn't mean the medicine is unsafe.



How much paracetamol should I give my child?

- → The dose of paracetamol depends on your child's weight.
- → Weigh your child AND check the strength of the paracetamol you have.
- → Use the dose table below to find the correct dose.

Before giving your child paracetamol:

- Check if your child still needs it.
- Wait at least 4 hours between doses.
- Do NOT give more than 4 doses in 24 hours.
- Check the expiry date.



It's important your child does not take more than the daily recommended dose. If your child takes too much – all at once or over a period of days – paracetamol can damage their liver.

Paracetamol dose table

Child's weight	120 mg in 5 mL	250 mg in 5 mL	240 mg in 5 mL (new strength)
Less than 5 kg	Ask your doctor or pharmacist	Ask your doctor or pharmacist	Ask your doctor or pharmacist
5 kg	3 mL	1.5 mL	1.5 mL
6 to 7 kg	3.5 mL	1.5 mL	1.5 mL
8 to 9 kg	5 mL	2 mL	2.5 mL
10 to 12 kg	6 mL	3 mL	3 mL
13 to 14 kg	8 mL	4 mL	4 mL
15 to 16 kg	9.5 mL	4.5 mL	4.5 mL
17 to 18 kg	10.5 mL	5 mL	5 mL
19 to 20 kg	12 mL	5.5 mL	6 mL
21 to 22 kg	13 mL	6.5 mL	6.5 mL
23 to 25 kg	14.5 mL	7 mL	7 mL
26 to 28 kg	16.5 mL	8 mL	8 mL
29 to 32 kg	18 mL	8.5 mL	9 mL
33 to 36 kg	20.5 mL	10 mL	10 mL
37 to 41 kg	23 mL	11 mL	11.5 mL
42 to 60 kg	26 mL	12. 5 mL	13 mL
Greater than 60 kg	30 to 40 mL	15 to 20 mL	15 to 20 mL