

Dementia Stage	Typical Cognitive Scores*	Cognitive and Functional levels	Driving Recommendation
No Dementia	MMSE:> 27/30 ACE-III:> 90/100 MOCA :> 26/30 RUDAS:>26/30	<b>No cognitive impairment:</b> Normal memory and cognition Independent function Competent in home, work and hobbies	<b>May continue to drive</b> Check for other Medical Conditions
Mild Cognitive Impairment	MMSE: 24 – 27/30 ACE-III: 80-90/100 MOCA:18 – 26/30 RUDAS: 23-26/30	<b>A mild but noticeable decline in cognition:</b> Mild forgetfulness Mild disorientation Mild impairment in problem solving Generally independent in most activities May struggle with complex tasks	<b>Most people Safe to Drive</b> Consider OT driving assessment. Restricting or stopping driving if: <ul style="list-style-type: none"> <li>• Family concerns</li> <li>• Recent accidents or near misses</li> <li>• Functional impairment in some complex tasks</li> <li>• Behavioural disinhibition – “risk-taking”</li> <li>• (Notify NZTA)</li> </ul>
Mild Dementia	MMSE:18-23/30 ACE-III: 65-76/100 MOCA : 11-17/30 RUDAS: 17-22/30	<b>Definite cognitive decline and impairment</b> Moderate memory loss and disorientation Impaired problem solving Mild impairment in household tasks / personal cares Requires prompts or supervision with some tasks Complex tasks and roles no longer possible Social interactions often well preserved	<b>Driving safety is uncertain</b> Some people safe, others unsafe to drive Safety not predicted by Cognitive testing / Dementia stage <b>Person needs further investigation / review</b> <ul style="list-style-type: none"> <li>• OT Driving Assessment ** Preferred and Recommended</li> <li>• Further Collateral History</li> <li>• Clarification of Function level in other areas</li> <li>• Driving Questionnaires</li> <li>• Further Cognitive testing</li> <li>• Alternative on –road driving assessment</li> <li>• Second Opinion</li> </ul> <b>Clinical Decision needs to be made!</b> <ul style="list-style-type: none"> <li>• Continue Driving – Review Date</li> <li>• Restricted Driving – Review Date, or</li> <li>• Notify NZTA</li> </ul>
Moderate Dementia	MMSE:10 – 18/30 ACE-III: 35 -64 /100 MOCA : 6 – 10 /30 RUDAS: 10 – 16/30	<b>Significant impairment of cognition/function</b> Marked memory loss Disorientation to time and place Decreasing ability to make judgements Decreasing ability to engage socially Decreasing ability to function independently Needs assistance with personal cares Requires supervision when leaving home May get lost when away from home Limited capacity to complete tasks in home No longer able to participate in usual activities	<b>Must Stop Driving!</b> <b>Notify NZTA</b>
Severe Dementia	MMSE:<10/30 ACE-III: <35 /100 MOCA : <6 /30 (or not testable) RUDAS: <10/30	<b>Profound impairment of cognition / function</b> Severe memory impairment / disorientation Spoken language limited or lost Incontinence No capacity for making judgements High dependency on others for personal cares Unable to contribute to household chores Often unable to recognise family members Increasing loss of psychomotor skills Frequent behaviour or psychiatric complications	<b>Must Stop Driving!</b> <b>Notify NZTA</b>