

Raru whakarato: Ngā pire Accuretic (quinapril me te hydrochlorothiazide)

Mai i te Ākuhata 2022, ka whakararua te whakarato i ngā pire Accuretic (e mōhiotia ana ko te quinapril me te hydrochlorothiazide). I kitea he nitrosamine tino iti i roto i tēnei rongoā, i uru pokanoa i roto i te tukanga whakanao (e kīia anō tēnei ko tētahi whakakino, para rānei).

He paku noa te mōrea i te kai Accuretic



Me kai haere tonu koe i tēnei rongoā kia kōrero rā anō koe ki tō kaiwhakarato hauora mō ngā kōwhiringa maimoatanga kē.

He aha te nitrosamine?

He rōpū matū te nitrosamine. Ka kitea noatia ēnei i rō wai me ngā kai, tae atu ki ngā mīti kua whakapōwaitia, ngā hua miraka me ngā huawhenua.

Ka whai pānga te katoa ahakoa iti noa ki te nitrosamine, engari ka piki pea i ēnei te mōrea o te mate pukupuku mēnā he nui rawa tō whai pānga ki ēnei mō te wā roa tonu. Nō reira, he mea nui te kōrero ki tō kaiwhakarato hauora mō te huri ki tētahi atu rongoā.

Mō ētahi atu mōhiotia mō te Accuretic, haere ki [pharmac.govt.nz/accuretic](https://www.pharmac.govt.nz/accuretic)

Me kōrero ki tō kaiwhakarato hauora mō ngā kōwhiringa maimoatanga kē

Whakamahia ai te Accuretic hei whakamaimoa toto pōrutu (mate āmai). Mā te whakaheke i tō pēhanga toto ka whakaitia te mōrea o te manawa-hē me te ikura roro.



He mea nui kia kōrero koe ki tō kaiwhakarato hauora mō ētahi atu kōwhiringa maimoatanga i mua i te paunga o tō Accuretic.

Ko te tikanga kāore koe e mate ki te utu mō ētahi atu utu.



Kia mōhio

Kāore he pānga o ētahi atu momo quinapril, ā, ka wātea tonu ērā.