

Fo'i'akau "Rivaroxaban"

(Toe 'iloa ko e Xarelto)

Kuo 'osi 'oatu ho'o fo'i'akau "rivaroxaban" ke tokoni ke holoki 'a e fakatu'utāmaki 'o ha'o pā kalava. 'Oku ngāue'aki 'a e "rivaroxaban" ke ta'ofi mo faito'o 'aki 'a e fatu 'a e toto', 'o kau ai mo e mahaki 'oku fakatupu 'e he "atrial fibrillation" (ko e fehālaaki 'a e tā 'a e mafu).



Folo 'a e "rivaroxaban" fakataha mo e me'akai mo e vai



Folo 'a e fo'i'akau 'e TAHA tu'o taha 'i he 'aho.



Folo ho'o fo'i'akau 'i he taimi tatau 'o e 'aho kotoa pe.



'Oku tokoni 'a ho'o folo 'a e fo'i'akau' fakataha mo e me'akai' ke ngāue lelei ai 'a e fo'i'akau.

Ko e 'ikai ke ke folo 'a e "rivaroxaban" 'i hono taimi totonu' te ne fakalahi 'a e fakatu'utāmaki 'o e fatu ho toto'

Kapau na'e 'ikai ke ke folo ho'o fo'i'akau' pea ke manatu'i 'i he 'aho tatau, folo 'a e fo'i'akau'. Kapau ko e 'aho hono hoko', oua te ke toe folo 'a e fo'i'akau na'e ngalo ke folo'.

'OUA na'a ke folo fakataha'i 'a e fo'i'akau ki he taimi folo 'e ua 'o kapau na'e ngalo ke folo 'a e fo'i'akau 'e taha 'i hono taimi totonu'.

Ko e "rivaroxaban" 'e folo ia 'i ha taimi lōloa

- 'Omi ha'o tohi mei he toketā ke ma'u 'aki mai ho'o fo'i'akau' kimu'a pea toki 'osi.
- Fakapapau'i 'oku lahi fe'unga ho'o fo'i'akau' ki he ngaahi 'aho faka'osinga 'o e uike' mo e ngaahi 'aho mālōlō.
- 'Oua na'a tuku ho'o folo 'a e "rivaroxaban" tukukehe kapau 'e talaatu 'e ho'o toketā ke tuku. Ko e tuku vave hono folo' 'e malava ke hoko ai 'a e fatu 'a e toto' mo e pā kalava.

Fakahā ki he ni'ihī 'oku nau tokangaekina ho'o mo'ui lelei

'Eke ki ho'o toketā pe tokotaha hu'ivai' pe 'oku malu/lelei ke ngāue'aki ha faito'o fo'ou pe ha faito'o ngaahi mei he 'akau. 'Oku 'i ai 'a e ngaahi faito'o 'oku kaunga kovi ki he "rivaroxaban".

Fakahā kiate kinautolu kotoa 'oku nau tokanga'i 'a ho'o mo'ui lelei' 'oku ke ngāue'aki 'a e "rivaroxaban" (eg, ko ho'o toketā, toketā nifo, tokotaha hu'ivai pē tokotaha tokanga'i 'o e va'e). 'E malava ke fiema'u ke ta'ofi ho'o folo 'a e "rivaroxaban" kimu'a ha tafa, ngaahi nifo pea mo ha toe ngaahi sivi.

Fakahā ki ho'o toketā kapau 'oku ke feitama, pē 'oku mo feinga ke 'i ai ha pēpē pe 'oku ke kamata ke fakahuu.

'E fakalahi 'e he "rivaroxaban" 'a e fakatu'utāmaki 'o e fānoa ho toto'

Faka'ehi'ehi mei he va'inga 'e milimili sino, tātatau, fakaava/tui'i mo e fotofota.

Fetu'utaki fakavavevave ki ho'o toketā' pe healthline 'i he 0800 611 116 kapau te ke fakatokanga'i 'a e ngaahi me'a ko 'eni':

- kula pe melomelo 'a e tu'uofi, pe 'uli'uli 'a e tu'umama'o
- takataka'uli
- toto 'a e ihu'
- tale pea ha'u ai 'a e toto pe me'a lanu melomelo
- langa lahi 'a e 'ulu'
- fānoa 'a e toto' hili ha lavea pe tō.

Ki ha toe fakamatala fakaikiiki 'o e "rivaroxaban", vakai ki he healthnavigator.org.nz/rivaroxaban

Rivaroxaban

(Also known as Xarelto)

You have been given rivaroxaban to lower your risk of having a stroke. Rivaroxaban is used to prevent and treat blood clots, including those caused by atrial fibrillation (irregular heart beat).



Take rivaroxaban with food and water



Take ONE tablet once a day.



Take your tablet at the same time each day.



Taking your tablet with food helps to make it work better.

Missing doses of rivaroxaban increases your risk of getting a blood clot

If you have missed a dose and you remember on the same day, take the missed dose. If it is the next day, skip the dose.

DO NOT take two doses at the same time to make up for a missed dose.

Rivaroxaban is a long-term medicine

- Get your prescription before you run out of tablets.
- Make sure you have enough tablets for weekends and holidays.
- Don't stop taking rivaroxaban unless your doctor tells you to. Stopping too early can lead to blood clots and stroke.

Tell your healthcare provider

Ask your doctor or pharmacist if it is safe to take any new medicines or herbal supplements. Some medicines can affect rivaroxaban.

Tell all healthcare providers that you are taking rivaroxaban (eg, your doctor, dentist, pharmacist or podiatrist). You may need to stop rivaroxaban before surgery, dental care and some tests.

Tell your doctor if you become pregnant, are trying for a baby or start breastfeeding.

Rivaroxaban increases your risk of bleeding

Avoid contact sports, tattoos, piercings and deep massage.

Contact your doctor or Healthline 0800 611 116 urgently if you notice these side effects:

- red or brown pee, or black poo
- unusual bruising
- nosebleeds
- coughing up blood or brown spots
- bad headaches
- bleeding a lot after a cut or fall.

For more information about rivaroxaban, visit healthnavigator.org.nz/rivaroxaban