

Paracetamol

Ko e falu higoa foki:

- Panadol®
- Paracare®
- Pacimol®

Fakaleo tuga e 'pa-la-SI-ta-molo'

Fakaaoga e paracetamol ke tului aki ka lahi e Fakaaoga e paracetamol ke tului aki ka lahi e velavela moe mamahi, moe lafi ki ai e mamahi he ulu, moe tau mamahi ne mai he Koviti-19. Kamata ke fai mitaki ka mole 30 miniti he inu e sega vai nei, ti fa mahani ke fai mitaki ka hoko e 4 kehe 6 e tulā.

Kaeke ke fakaaoga tuga kua lata ki ai, to moua e tau mitaki mai he paracetamol. Kae nakai mitaki ke inu lahi mai he fafatiaga kua lata moe tau aho takitaha. Kaeke ke loga lahi e tau sega ne inu - he taha e aho poke loga e tau aho, to moumou he paracetamol e liver haau.

Tau puhala ke fakaaoga e tau sega vai paracetamol



Moua tumau e tau sega vai paracetamol ne 500 e milligram e mamafa poke tau sega maō.



Tau fafatiaga mae tau tagata lalahi ke inu ko e 1 poke 2 e sega ke lata moe 4 kehe 6 e tulā ke tului aki e tau mamahi poke vela lahi e tino.



Tumau ke leo ke 4 e tulā to liu ke inu foki falu sega vai nei.



Nakai mitaki ke molea e 8 e sega vai nei ka inu he tau 24 tulā takitaha POKE molea 4 e grams he tau 24 tulā takitaha.



Tohi he laupepa ko e laga fiha e inu e segavai nei he tau aho takitaha.

Loga foki e falu segavai ne fai paracetamol ne fio aki

Falu vai ke tului aki e tau mamahi, makalili moe fulū ne fai paracetamol ne fio ai, tuga e tau vai ko e Codral®, Nuromol®, Lemsip®, moe Maxigesic®.

Kumi fakamitaki e tau vai kehekehe ne taute aki e tau vai tului gagao to inu.

Kaeke kua inu e koe falu vai tului gagao ne fai paracetamol ne fio aki, nakai molea e lahi kua fakamau ke lata moe tau aho takitaha (ko e 4 ni e grams he tau 24 tula takitaha)

Huhu ke he taha tagata he tau fale ne moua mai e tau vai tului gagao kaeke kua nakai maama mitaki e koe.

Ka molea ki luga e fafatiaga kua lata ke inu he paracetamol ko e magahala kelea a ia he malolo tino haau

Kaeke kua iloa e koe kua molea e tau sega vai paracetamol ne inu (moe falu sega vai ne fai paracetamol ne fio aki), telefoni fakamafiti e toketa haau, nosi, poke Poisons Centre numela 0800 POISON (0800 764 766).

- NAKAI LEO ke kitia tonu e tau kelea ka molea e lahi he tau sega vai nei kua inu e koe ha ko e mogo ka kitia e tau kelea he tino haau kua fita e fai malona e lever haau.
- Koe tau kelea ka molea e lahi he tau sega vai nei ne inu ko e fia kokō (logona kua fai gagao), tafe e manava vao (vao hihi), ago e tino poke tau mata, galo e fia kai, kelea e manamanatuaga poke fia mohe lahi.
- Ko lautolu ne kua motua e tau momoui ne mukamuka ke moua e tau kelea nei, ti lata tonu ke fakaeneene.

Ka manako ke iloa falu fakailoaaga haggao ke he paracetamol, kumi ke he pepa hila he atulese ko e hn.org.nz/paracetamol