

Ibuprofen

Fakaleo tuga e 'ai-piu-pro-fen'

Fakaoga e vai ibuprofen ke tului aki e tau mamahi tino, vala he tino ka velavela moe fufula pihia ka vela lahi e tino. Mitaki e ibuprofen mae tokologa he tau tag'ata kae lata agaia ni ke fakaeneene he falu mena, tuga kaeke kua tokoluga e malolo he toto haau, nakai mitaki e ate vivi poke tau fua ifi, kelea e manava (tuga e ulcer poke fa toto), iniini, 65 e tau moui poke kua motua ki luga, poke tagata ula. Tutala mo e matakau leveki malolo tino haau ke iloa ko e lata nakai mo koe ke inu e vai ibuprofen.

Inu e vai nei ko e ibuprofen ka kai moe inu e vala vai



Inu e vai nei ka kai ke nakai mamahi e manava mo e nakai moua e ate vela.



Inu fakalahi mo e tumau e tau vala vai he mogo ka inu e koe e ibuprofen – ke mitaki aki e tau fua ifi haau.

Ke inu e vala ne tose lahi ne fafati he magahala kū



Ko e fafati inu fa mahani ke lata mo e tau tagata lalahi ko e 200mg ke he 400mg ke inu laga tolu poke laga fā he tau aho takitaha kaeke kua lata.



Nakai inu ha fafati kehe mai he fafati kua talaatu kua lata a koe ke inu.

i Tau kelea tumau moe tau kelea lalahi hanā ne tohia he lau pepa i mua

Ko e falu vai tului ne liga kua fio aki foki e ibuprofen

Tau mena mamahi, tau vai ke galo e makalili mo e fulū ne fai ibuprofen kua lafi ki ai, tuga e Nurofen®, Nurofen Cold and Flu PE® mo e Maxigesic®.

Fakakia faka mitaki e tau mena ne fio agi e tau vai fakamalolo to inu a lautolu.

Talaage ke he faahi fakamalolo tino hau

- Kaeke kua tokoluga e malolo he toto haau, fai gagao e ate vili, iniini mo e fai kelea e tau fua ifi.
- Kaeke kua nakai lahi e vai haau ne kua inu poke fia kokō.
- Kaeke kua inu a koe he falu vai tului gagao poke tau vai taute aki e tau lau akau.

Ko e mogofe ke NAKAI inu e ibuprofen

- Kaeke ko e fai mogonei poke tau mogo kua mole e tau kelea he manava haau tuga e ulcer poke fa toto.
- Kaeke kua fatu a koe.
- Kaeke kua nakai gahua e ate haau poke mamahi e fatafata (angina).
- Kaeke kua moua e koe he stroke poke nakai gahua e ate.
- Kaeke ke fai gagao kelea lahi e tau fua ifi haau.
- Kaeke kua kelea a koe he tau mogo kua mole (tuga e kula moe fufula e vala tino (hives) poke uka ke fafagu) ha kua inu he ibuprofen aspirin, poke falu vai tului gagao (tutala moe matakau leveki malolo tino haau).
- Kaeke kua inu a koe he tau vai tului gagao ke to hifo e tuli e toto haau (anticoagulants) tuga e warfin, dabigatran moe rivaroxaban.
- Kaeke kua inu e koe falu vai ke nakai moua e velavela he tino tuga e diclofenac (Voltaren®), naproxen (Naprosyn®) poke celecoxib (Celebrex).
- Kaeke kua inu a koe he tau vai ke to hifo e lahi he malolo he toto haau (kua lata a koe ke matutaki moe matakau leveki malolo tino haau to inu e ibuprofen).

Tau kelea fa lafi tumau mai


Fa mahani ke nakai kelea lahi ti galo kehe ka fai magaaho kua mole. Tutala ke he tau tau tagata leveki malolo tino haau kaeke kua kelea lahi poke nakai galo kehe:

- nakai nofo mitaki e tau mena kai, ate vela, kelea e manava
- tafe vai e tau fakavao (diarrhoea).

Tau kelea ka lafi mai

Fakaoti e inu he ibuprofen ti kumi atu ke he fale fakamalolo gagao poke hea e numela foni he Healthline ko e 0800 611 116 kaeke kua fai kelea pehe nei:

- Ka kitia kua fai kelea he inu e vai nei tuga e kulakula e kili tino, fufula, kū e tau fafagu moe nakai mitaki e fatafata.
- Ka lanu kula poke uli e fakapala poke vao, koho hake tau toto, lahi e tafe he manava fanau – ko e tau fakakiteaga a nei to tafe mai e tau toto.
- Fufula e tau paka hui, toto e fakapala haau poke nakai fakapala – ko e tau fakakiteaga kua fai kelea e fua ifi.

 Fano ke he pepa hila atulese hn.org.nz/ibuprofen ke kitia e falu fakailoaaga ke lata mo e ibuprofen