

# Supply issue: Accuretic (quinapril and hydrochlorothiazide) tablets

From August 2022, supply of Accuretic tablets (also known as quinapril and hydrochlorothiazide) will be disrupted. This medicine was found to contain small amounts of nitrosamines, an unintended by-product introduced during the manufacturing process (also called a contaminant or impurity).

## The risk to anyone taking Accuretic is low



**You should continue to take this medicine as usual until you have checked with your healthcare provider about alternative treatment options.**

## What are nitrosamines?

Nitrosamines are a group of chemicals. They are common in water and foods, including cured and grilled meats, dairy products and vegetables.

Everyone is exposed to some level of nitrosamines, however these may increase the risk of cancer if you are exposed to them above acceptable levels over long periods of time. So, it's important to talk to your healthcare provider about changing to another medicine.

## Consult your healthcare provider about alternative treatment options

Accuretic is used to treat high blood pressure (hypertension). Lowering blood pressure reduces your risk of heart attack and stroke.



It's important you talk to your healthcare provider about other treatment options before your supply of Accuretic runs out.

You should not have to pay any extra fees.



### Note

Other brands of quinapril are not affected and will still be available.



For more information about Accuretic, visit [pharmac.govt.nz/accuretic](https://www.pharmac.govt.nz/accuretic)