

利伐沙班

(商品名为 Xarelto)

您在服用利伐沙班以便降低中风的风险。利伐沙班适用于预防和治疗血液凝块，包括由于心房颤动（不规则心跳）引起的血液凝块。



利伐沙班应在用餐时和水一起送服



每天服用一片。



请在每天同一时间服药。



随同食物一起服用效果会更好。

漏服利伐沙班会增加您出现血液凝块的风险

漏服后如果在同一天内想起，则服用一片。如果在次日想起，则无需补服。

不得通过一次服用两片的方法弥补漏服剂量。

利伐沙班是一种需要长期服用的药物

- 在手中药量不足之前，请就医获得处方。
- 确保您有足够的药量供周末和假期服用。
- 未经医生指示，切勿擅自停止服用利伐沙班。提前停药可能会导致血液凝块和中风。

告知您的医疗保健提供者

在服用新药物或草药辅助品之前，请咨询您的医生或药剂师是否安全。某些药物会影响利伐沙班。

如果您正在服用利伐沙班，请告知您所有的医疗保健提供者，包括医生、牙医、药剂师或足病治疗师。在接受手术、牙科治疗和某些检测前，您可能需要停止服用利伐沙班。

如果您已怀孕、正在备孕或开始哺乳，请告知您的医生。

利伐沙班会增加出血风险

避免接触性体育运动、纹身、身体打孔和深层按摩。

如果您发现以下副作用，请立即联系您的医生或致电 Healthline (0800 611 116)：

- 尿色变红或棕色，或者大便变黑
- 不寻常瘀伤
- 流鼻血
- 咳出血或棕色物
- 剧烈头痛
- 切伤或跌倒后大量出血

有关利伐沙班的更多信息，请访问网站：
healthnavigator.org.nz/rivaroxaban

Rivaroxaban

(Also known as Xarelto)

You have been given rivaroxaban to lower your risk of having a stroke. Rivaroxaban is used to prevent and treat blood clots, including those caused by atrial fibrillation (irregular heart beat).



Take rivaroxaban with food and water



Take ONE tablet once a day.



Take your tablet at the same time each day.



Taking your tablet with food helps to make it work better.

Missing doses of rivaroxaban increases your risk of getting a blood clot

If you have missed a dose and you remember on the same day, take the missed dose. If it is the next day, skip the dose.

DO NOT take two doses at the same time to make up for a missed dose.

Rivaroxaban is a long-term medicine

- Get your prescription before you run out of tablets.
- Make sure you have enough tablets for weekends and holidays.
- Don't stop taking rivaroxaban unless your doctor tells you to. Stopping too early can lead to blood clots and stroke.

Tell your healthcare provider

Ask your doctor or pharmacist if it is safe to take any new medicines or herbal supplements. Some medicines can affect rivaroxaban.

Tell all healthcare providers that you are taking rivaroxaban (eg, your doctor, dentist, pharmacist or podiatrist). You may need to stop rivaroxaban before surgery, dental care and some tests.

Tell your doctor if you become pregnant, are trying for a baby or start breastfeeding.

Rivaroxaban increases your risk of bleeding

Avoid contact sports, tattoos, piercings and deep massage.

Contact your doctor or Healthline 0800 611 116 urgently if you notice these side effects:

- red or brown pee, or black poo
- unusual bruising
- nosebleeds
- coughing up blood or brown spots
- bad headaches
- bleeding a lot after a cut or fall.

For more information about rivaroxaban, visit healthnavigator.org.nz/rivaroxaban