

Rivaroxaban

(Tetai ingoa e Xarelto)

Ka pāroru te Rivaroxaban ia koe mei te maki akamate'anga o te kopapa (stroke), no reira i oake ia atu ei teia ua kia kai koe. Ka pāroru i te putoto (blood clot) e te mariko'angakore o te pate o te pukuatu (AF).



Kaikai, inu vai i mua ake ka kai ei koe i te Rivaroxaban



Kai e TAI ua e tai taime i te ra.



Kai ua rai i toou ua i taua ora rai, i te au ra rava rai.



Ka angaanga meitaki atu te ua me kaikai na mua ake i te kai'anga i te ua.

E tupu ana rai te putoto me kare e aru ia ana te akanooanga no te kai'anga i te ua

Me ngaropoina ia koe i te kai i toou ua i te ora tei akanoo koe, kai viviki atu i taua ra rai. Me topa mai ki terao mai ra, vaoo ia atu te reira kai'anga.

AURAKA e kai e rua kai'anga me topa koe i te kai'anga o tera atu ra.

Ko te kai'anga i te Rivaroxaban, no tetai tuātau roa

- Tiki vave atu i toou peapa no te ua i mua ake ka pou ei toou i te ngutuare.
- Akara ua rai e, kua rava toou ua no te au tuātau orote, e te au openga epetoma.
- Auraka e akamutu i te kai i toou rivaroxaban, na toou Taote roa e akakite atu e, e akamutu koe. Ka tupu te pu toto e te akamateanga o te kopapa me akaruke pu ua koe i te kai i te ua.

Akakite atu ki toou Punanga Rapakau

Me e ua, me kore ra e vaikau ke atu taau ka kai, e uiui atu koe ki toou Taote me kore ra Taunga Vairakau na mua. E riro ana tetai au tu vairākau i te tamanamanata atu i te angaanga a te Rivaroxaban.

Akakite atu ki te au Tangata rapakau (Taunga vairākau, Taote ni'o, Taote o te vaevae) taau ka atoro atu e, te kai nei koe i te Rivaroxaban. Penei e ka anoano'ia koe i te akamutu i te kai i teia i mua ake i ta rātou rapakau'anga.

Akakite atu ki toou Taote me nui koe, e te inangaro nei koe kia nui koe, me kore ra me akamata koe i te angai i taau pepe ki toou u.

Ko te aronga e kai ana i te Rivaroxaban, e kitena ia ana rai te pakari o te ta'e o te toto

Uri ke atu mei te au tarekareka akau tangata aere, te tatatau, te koputa taringa e te maoro oonu.

Atoro viviki atu i toou Taote, me kore ra te Healthline 0800 611 116 me kite koe i tetai o teia au turanga:

- Muramura me kore rengarenga to'u te mimi, me kore ra kerekere te tutae
- Uri kerekere tetai au ngai o te kopapa
- Tae ua te putangio
- Mare toto me kore ra tare karaea
- Mamae kino te katu
- Eke ua te toto me motu tetai ngai o te kopapa, me kore me topa ki raro.

Me ka inangaro koe i te kite oonu atu no runga i te rovaroxaban, atoro atu i te kupe roro uira healthnavigator.org.nz/rivaroxaban

Rivaroxaban

(Also known as Xarelto)

You have been given rivaroxaban to lower your risk of having a stroke. Rivaroxaban is used to prevent and treat blood clots, including those caused by atrial fibrillation (irregular heart beat).



Take rivaroxaban with food and water



Take ONE tablet once a day.



Take your tablet at the same time each day.



Taking your tablet with food helps to make it work better.

Missing doses of rivaroxaban increases your risk of getting a blood clot

If you have missed a dose and you remember on the same day, take the missed dose. If it is the next day, skip the dose.

DO NOT take two doses at the same time to make up for a missed dose.

Rivaroxaban is a long-term medicine

- Get your prescription before you run out of tablets.
- Make sure you have enough tablets for weekends and holidays.
- Don't stop taking rivaroxaban unless your doctor tells you to. Stopping too early can lead to blood clots and stroke.

Tell your healthcare provider

Ask your doctor or pharmacist if it is safe to take any new medicines or herbal supplements. Some medicines can affect rivaroxaban.

Tell all healthcare providers that you are taking rivaroxaban (eg, your doctor, dentist, pharmacist or podiatrist). You may need to stop rivaroxaban before surgery, dental care and some tests.

Tell your doctor if you become pregnant, are trying for a baby or start breastfeeding.

Rivaroxaban increases your risk of bleeding

Avoid contact sports, tattoos, piercings and deep massage.

Contact your doctor or Healthline 0800 611 116 urgently if you notice these side effects:

- red or brown pee, or black poo
- unusual bruising
- nosebleeds
- coughing up blood or brown spots
- bad headaches
- bleeding a lot after a cut or fall.

For more information about rivaroxaban, visit healthnavigator.org.nz/rivaroxaban