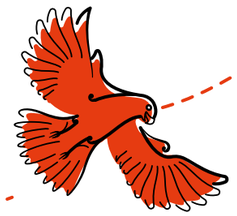
My shared plan

This is where my team and I record key issues, goals and actions for the next 12 months.

Key issues can be anything that's important to you, such as current health conditions, any issues you or your healthcare team want to highlight, social issues, etc.

Goals and actions	Aim or range	Action or steps to take	Who is going to do this? (Me/family/healthcare team)	Progress/issues

For more copies visit
hn.org.nz/kete



Health Navigator
NEW ZEALAND