

## My health conditions



What are all my health conditions, short term and long term?  
(Include any disabilities and issues you have as a result of your conditions).

In general, I would say my health is (circle one):

Excellent

Very good

Good

Fair

Poor

My health conditions and ongoing issues:

What conditions or issues am I managing really well?

What do I think I could do better?

What changes have my healthcare team suggested?

My allergies and medical alerts:

